

Ladies Panel

Definition

The mental process of planning, controlling, and evaluating your resources (time, money, material possessions) in order to accomplish your goals.

Parkinson's Law

"Work will expand to fill the amount of time allotted for its completion."

Hidden Treasure Principle

"God has given us everything we need in order to accomplish His will in our lives."

~ Based on II Corinthians 4:7

Memory Verses

But all things must be done properly and in an orderly manner. ~ I Corinthians 14:40

And God is able to make all grace abound to you, so that always having all sufficiency in everything, you may have an abundance for every good deed.

~ II Corinthians 9:8

Time

1. I have had trouble with priorities; can you give some help in this area?

2. How can you be productive when you have very small children?

Time Wasters

1. Over-planning your day Remember priorities Begin with the eternal.

Learn to say "no."

2. Duplication of effort

Doing over what someone else has already done. Don't be a perfectionist. ("Good enough might have to be good enough.")

3. Over-control

Too much time planning Inflexible

Worrying/fretting

4. Indecision

Make a choice; stick with it.

5. Procrastination

Pray about decision; do it now; it is taken care of.

6. Over-recreation

TV, cell phone, videos, computer, texting, resting, reading, exercising, etc.

"Fun is the dessert."

Reading blog sites and Facebook while other things go neglected

"Make excellent choices."

8. Inefficiency

Don't walk through your home empty handed.

Multitask

Don't get sidetracked on the Internet.

Perspectives on time demands:

- Duty? Resentment
- Creative experience? Challenge
- Opportunity to serve others? Motivation

Finances

1. What factors should you consider when you need to make a purchase?

2. Can you share with us principles you use on managing finances?

Being a Good Shopper

Educated:

Be familiar with Consumer Reports.

Use generic products.

Read the small print.

Practice comparison shopping.

Learn good quality (construction, fabrics, materials, weaves).

Prayerful:

Pray for the Lord's direction for your needs.

You are responsible to the Lord for how YOU spend.

Don't be judgmental of others.

Wise:

Where to shop?
Word of mouth
Consignment shops
Garage sales
Goodwill
Newspaper
Outlets
Estate sales
Lost 'n Found sales

<u>How</u>? and <u>When</u>? Avoid label trap. Be a "sale" shopper.

Don't grocery shop when you are hungry.
Don't buy something unless you LOVE it.
Don't shop when discouraged or depressed.
Buy gifts in advance.

Contented:

Philippians 4:11 I Timothy 6:6-8 Hebrews 13:5



Material Possessions

See separate handout on "Cleaning Checklist."

1.	Can you give me some pointers on how to keep up when I work outside my home?
2.	What strategies would you follow to keep your home neat?
3.	What strategy would you follow if you are married to a packrat and you want to clean out but not cause a domestic dispute?
4.	Can you give us tips on meal preparation/laundry control with a tight budget and limited time?

Clutter vs. Organization

Organization

"To set in order" . . . getting control over our lives Key = Keep life simple!

Process of getting rid of clutter:

- 1. Identify the problem, and don't horde things!
- Get rid of excuses—
 - I might need it some day.
 - They don't make them any more. (Maybe there is a reason.)
 - It holds special memories for me. (Be considerate of your spouse on this point.)
 - I paid too much for it to dispose of it. (Try a yard sale.)
- 3. If you haven't used it in over 2 years, consider giving it to someone who can use it.
- 4. Look for a plan—
 - Divide the large project into smaller ones; dedicate 2 hours a day.
 - O Use 3 boxes:
 - "Keep"
 - "Not sure"—deal with later
 - "Toss"
 - Preserve the memory, but condense the collection – Take a picture and discard the items.
 - Imagine moving next week; keep what you would take with you, and prepare the rest for a "Moving Sale."

Potpourri passed on from mothers to daughters

"My problem isn't always a lack of time, but a lack of planning my time."

> "Take care of the corners, and the middle will get done."

"If you can't say something nice about someone, don't say anything at all."

"Always look for sensible shortcuts."

"A place for everything, and everything in its place."

"Let time work for you."

Websites of interest:

http://queenofclean.com/ written by Linda Cobb

http://tlc.howstuffworks.com/family/5-things-to-know-about-managing-family-schedules1.htm

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